

VIRGINIA MUSEUM OF
HISTORY
& CULTURE

SENSORY FRIENDLY DAY
PRE-VISIT STORY

Today I am going to the Virginia Museum of History & Culture



After driving to the museum, we will park in the parking lot and walk inside.



Rules of the museum

I will follow the museum rules during my visit.
These rules help keep me safe and have fun.

I will...

- Stay with my adult.
- Be kind to others.
- Only eat and drink in the snack areas.
- Use my inside voice.
- Use my walking feet.
- Use my looking eyes.
- Use my listening ears.

Starting my museum visit

First, we will wait in line at the ticketing desk. I will get a sticker to wear while I'm visiting.

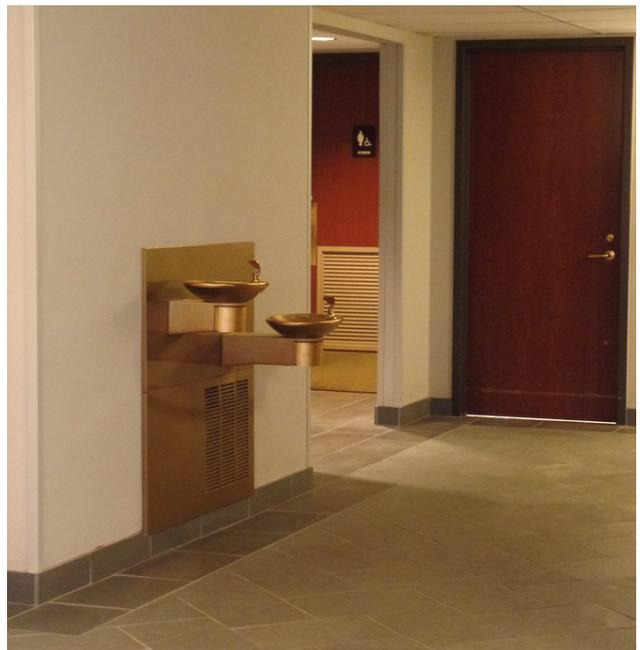


I can see the gift shop from the desk, but I will stay with my adult while we wait.



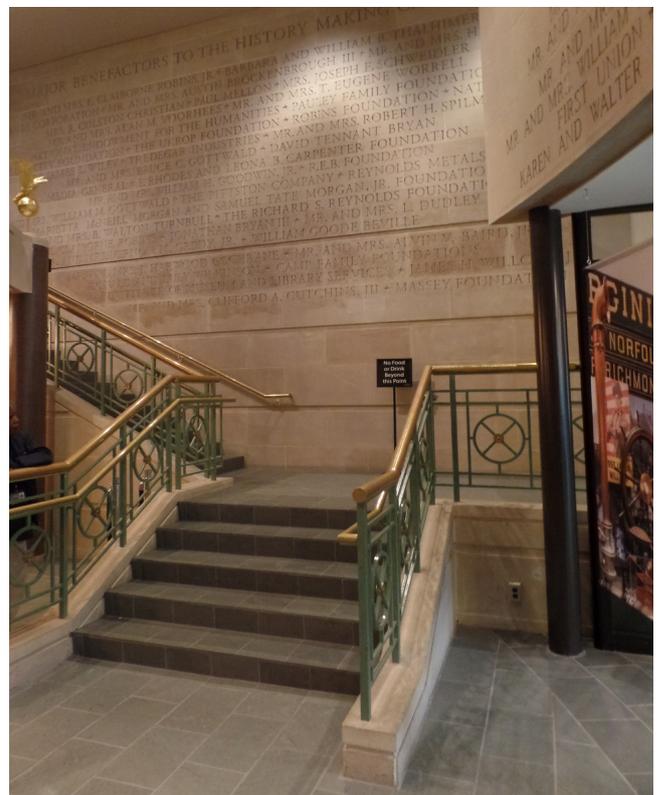
Before we explore the galleries

I can go to the restroom or get a drink of water before we visit the exhibits upstairs.



Visiting the galleries upstairs

The main museum galleries are upstairs. I can get there using the elevator or the stairs.



Things to do inside the museum

I can visit the exhibits upstairs:



I can do a craft in the classroom downstairs:



I can watch a 30-minute show downstairs in the theater:



I can take a break in a Sensory Friendly Room:



People inside the museum

There are adults in the museum who can help me.

The docents are here to answer my questions and help me with activities in the galleries.



The security guards are here to keep me safe during my visit.

Exploring the exhibits

I can see things made in Virginia inside Silver in Virginia and Arming the Commonwealth.



I can explore Fresh Paint: Murals Inspired by the Story of Virginia. This exhibit has lots of colors and there is music playing. There's even a space for me to draw! I will ask my adult before going inside.



Exploring the exhibits

I can learn what Virginia looks like in Landscapes of Virginia.



I can look at paintings to learn about the Shenandoah Valley of Virginia.



Exploring the exhibits

The biggest exhibit is The Story of Virginia.
It has three rooms for me to explore!



If I need a break

I can take a break in a Sensory Friendly Room.

Oh Shenandoah and the small theater at the end of Story of Virginia are the quiet areas upstairs.



An additional Sensory Friendly Room is located downstairs in the learning center.

Leaving the museum

When it is time to leave, I will go back downstairs. I will leave the building with my adult and say goodbye to the museum.





**VIRGINIA MUSEUM OF
HISTORY & CULTURE**

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VirginiaHistory.org